

## Lesson 103: Genesis 1, Ephesians 3:20

## Psalm 145:8–9

“The LORD is gracious and merciful, slow to anger and abounding in steadfast love. The LORD is good to all, and his mercy is over all that he has made.”

Sometimes we think about God based on what happens around us or what other people say. But God wants us to know Him by what His Word says.

The Bible tells us that God is kind, patient, and full of love. He is good to everyone, and His mercy never ends. When life feels hard or confusing, we can remember what the Bible says is true—God is always good and loving.

When life feels hard, should we trust what the Bible says or what we feel?

The Bible  Our feelings

When life feels confusing or difficult, why is it important to remember what the Bible says about God instead of just relying on our feelings or what others say?

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## Psalm 33:6, 8

“Let all the earth fear the LORD; let all the inhabitants of the world stand in awe of him! For he spoke, and it came to be; he commanded, and it stood firm.”

God created the heavens and the earth just by speaking! His words are powerful and full of life.

Even though some people say the world came to be by accident, the Bible tells us that God is the Creator. Believing this takes faith. We can choose to trust what people say—or trust what God has said in His Word.

When we think about how amazing His creation is, we should stop and stand and be amazed of Him!

God made the heavens by speaking.

True  False

What things amaze you about God?

## Prayer:

Dear Lord, thank You for creating the world with Your powerful words. Help me to trust You more than what people say. I choose to put my faith in You, my Creator. Amen.

**Lesson 103: Genesis 1, Ephesians 3:20**

Grab your Bible and read Psalm 139

When we see a beautiful sunrise, a glowing sunset, or the stars at night, we are reminded of how powerful and creative God is. He made the whole world—and He also made you!

Look back over Psalm 139 and write down all that God knows about us from those verses.

Even when life feels dark or confusing, God is there. He never leaves us. He made each of us carefully and wonderfully. You are part of His amazing creation! When we do not understand why we are made the way we are, we can still trust that God's work is wonderful.

What are some things in nature that show God's power and beauty?

How does it make you feel to know that God knows your thoughts and still loves you?

**Prayer:**

Dear Lord, thank You for knowing me completely and loving me fully. Thank You for making me fearfully and wonderfully. Help me to trust You, even when I don't understand everything. Lead me in Your way forever. Amen.

**Lesson 103: Genesis 1, Ephesians 3:20**

Grab your Bible and read Matthew 6:25–34

**Ephesians 3:20**

Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us

Life can feel busy and hard. We have so many things to think about—work, school, family, and the future. Sometimes we worry and forget that God cares for us deeply. Jesus reminds us that we don't need to be anxious. He says that if God takes care of the birds and flowers, He will surely take care of us too.

God knows what we need before we even ask. He has the power to do far more than we can imagine. When we trust Him with our worries, He gives us peace. Each day we can choose to rest in His love and power instead of our fears.

If God cares for creation, will He also care for you?

YES or NO

What can we do instead of worrying?

What is one thing you can give to God today instead of worrying about?