

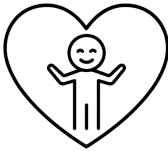
GOD KNOWS ME!

1

Read: PSALM 139: 1-10 (NIRV)

Lord, you have seen what is in my heart. You know all about me. You know when I sit down and when I get up. You know what I'm thinking even though you are far away. You know when I go out to work and when I come back home. You know exactly how I live. Lord, even before I speak a word, you know all about it. You are all around me, behind me and in front of me. You hold me safe in your hand. I'm amazed at how well you know me. It's more than I can understand. How can I get away from your Spirit? Where can I go to escape from you? If I go up to the heavens, you are there. If I lie down in the deepest parts of the earth, you are also there. Suppose I were to rise with the sun in the east. Suppose I travel to the west where it sinks into the ocean. Your hand would always be there to guide me. Your right hand would still be holding me close.

God made me.



When you see the sunrise
or the stars, remember how
powerful God is.



God knows me.



He made the whole world
—and He made you!
He knows what you think
and how you feel.



You are fearfully and
wonderfully made.
Even when it's dark or
scary, God is still with you.



🙏 Prayer (with motions)

Thank You, God (point up)
for making me (point to self),
for knowing me (hands on
heart),
and for loving me (wrap arms
around self).

Amen.

GOD SPOKE- AND THE WORLD WAS MADE

2

Read: Psalm 33:6,8(NIRV)

The heavens were made when the Lord commanded it to happen.
All the stars were created by the breath of his mouth.
Let the whole earth have respect for the Lord.
Let all the people in the world honor him.

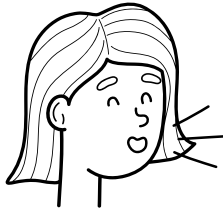
Memory Verse

Ephesians 3:20

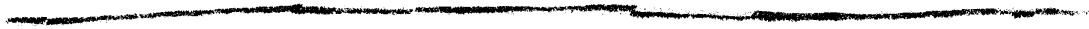
Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us,

God made everything just by speaking! When God said the word, the heavens and stars came to be. He is so powerful and amazing that we should stand in awe of Him! That means we stop, look, and wonder at how big and good He is.

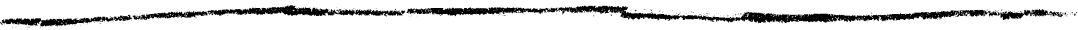
Say



God spoke



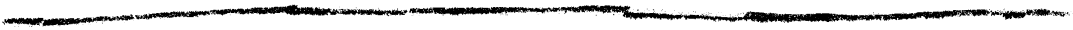
The heavens were made



God made the world

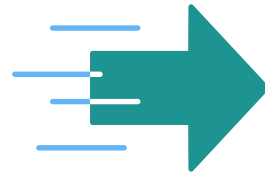


Think about how awesome God is



I will trust God

Motions



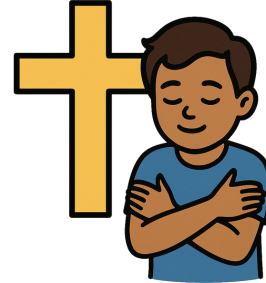
Cup hands around your mouth and say "Ahh!" softly.

Raise hands high and spread fingers like stars.

Make a big circle with arms.

Stand tall, arms open wide, look up with a smile.

Hands on heart, nod yes.



God Made Everything

“By His word the heavens were made.”

👐 Motion: Open your arms wide to show the world He made.

God Made Me

“You formed me; I am wonderfully made.”

👐 Motion: Place your hands on your heart.

God Is Always With Me

“Even the darkness is not dark to Him.”

👐 Motion: Cross your arms over your chest in a gentle hug.

**Dear Jesus,
Thank You for making the world,
for making me,
and for always being with me.
Amen.**

GOD CARES FOR ME

4

Read: Genesis 1:1, John 14:6(NIRV)

In the beginning, God made the heavens and the earth.
Jesus answered, "I am the way and the truth and the life.
No one comes to the Father except through me.

God Takes Care of Me

God feeds the birds and gives them what they need. He will take care of me too.



God Loves Me



God dresses the flowers in beauty. I am even more special to Him.

God Can Do More Than I Can Imagine

**God is powerful and creative!
He can do more than I can ever think or dream.**



PRAYER

Dear God,
Thank You for loving me.
Help me to trust You instead of worrying.
You are good and powerful.
Amen.